

CHRISTCHURCH HALL SURGERY
20. EDISON ROAD, N8 8AE
Tel: 0208 340 2877 Fax: 0208 340 0896

BREAST FEEDING PRACTICE POLICY

We are a Practice which enthusiastically promotes and supports breastfeeding through a combination of education and a conducive environment.

- We understand that most mothers' pre-natal intention is to breast feed. The intention can also be influenced to a great extent by the opinion and support of the healthcare providers.
- We are aware that, despite their best intentions, there are mothers who, for whatever reason, are unable to breast feed. We have to acknowledge that many times these mothers can feel guilty for not being able to offer their children what is considered the best nutrition. We do not wish them to feel judged negatively. We respect, support and understand these mothers and give them as much information about formula feeding as possible.
- We aim to provide culturally and ethnically competent care and also aim to consider the sensitivities of the different age groups who attend our surgery.

In view of the above points, we would be grateful for breastfeeding mothers to be considerate of those around them. At the same time we want them to be in a comfortable, quiet environment while breastfeeding.

To this effect, we have provided the option of a peaceful and comfortable space, set aside from the busy and noisy reception. This option is, of course, also available to mothers who wish to bottle feed their babies in quiet surroundings.

We hope that by accommodating breastfeeding mothers and taking into account the rest of our patients' backgrounds and viewpoints, we have arrived at a balanced and sensible policy for all our practice population.